





Behaviour Guidelines

Castle Hill Sports Netball Club acknowledges the Dharug peoples as the Traditional Custodians of the land where we gather to participate in netball. We pay our respects to Elders past and present and value the significant and continuing contributions Aboriginal and Torres Strait Islander peoples make within our community.

Adapted from:

1. Australian Sports Commission. [Code of Conduct](#), (V2), 2020.
2. Sports Integrity Australia. [Resources](#).
3. Netball Australia. [Code of Conduct](#). 2024.
4. Netball NSW. [Social media](#). 2023.
5. Netball Australia. [Member Protection Policy](#). 2024.
6. Play by the rules: [What committees can do](#). 2024.
7. NSW Government, Office of Sport. [Fair Play](#). 2023.

Purpose

The purpose of this policy is to establish clear expectations for behaviour and sportsmanship among all participants, including players, coaches, officials, volunteers, and spectators. This policy promotes a respectful, inclusive, and safe environment that upholds the values of integrity, fairness, and respect within the sport.

Fair Play

Fair play is a concept that stands for several fundamental values that are important in sport and active recreation.

First and foremost, it's about players, athletes and participants abiding by the rules of the game. The principles of fair play include

- Integrity
- Fairness
- Respect for opponents, fellow players, referees and fans
- Responsibility
- Safety

With these principles, the spirit of competition thrives, fuelled by honest rivalry, courteous relations and a graceful acceptance of results (NSW Government, 2023).

Behaviour Guidelines for Players

- Always follow the rules of the game.
- Respect officials and refrain from arguing. If you disagree with a decision, ask your captain, coach, or manager to approach the official during a break or after the game.



- Maintain control of your emotions. Verbal abuse, sledging, and any attempt to distract or provoke opponents are unacceptable behaviours.
- Put in effort for yourself and your team.
- Show good sportsmanship by applauding all skilled plays, whether by your team or the opposition.
- Treat everyone with respect, just as you would like to be treated.
- Work cooperatively with your coach, teammates, and opponents.
- Participate for your own enjoyment and personal growth.
- Respect the rights, dignity, and worth of all participants, regardless of gender, ability, cultural background, or religion.
- Allow the game to progress smoothly by refraining from actions that interfere with its flow.

Behaviour Guidelines for Parents

- Keep in mind that children participate in sports for their own enjoyment, not yours.
- Encourage, but do not pressure, children to participate.
- Focus on their efforts and improvement rather than solely on winning or losing.
- Encourage children to follow the rules and resolve conflicts respectfully, without hostility or aggression.
- Don't ridicule or yell at a child for mistakes or losses.
- Set a positive example by appreciating good plays and performances by all players.
- Support efforts to eliminate verbal and physical abuse from sports.
- Respect officials' decisions and encourage children to do the same.
- Show gratitude to volunteer coaches, officials, and administrators; they make participation possible.
- Respect the rights, dignity, and worth of every young person, regardless of gender, ability, cultural background, or religion.
- Avoid disrupting the flow or conduct of the game.

Behaviour Guidelines for Coaches

The behaviour guidelines for coaches is to be read in conjunction with the *Coaches Handbook* provided by CHS Netball Club.

- Remember that young people play for enjoyment; winning is only one part of the experience.
- Never ridicule or yell at young players for mistakes or for not winning.
- Be considerate with your demands on players' time, energy, and enthusiasm.
- Operate within the sport's rules and ethos and teach players to do the same.
- Make every session a positive experience; all young players deserve equal attention and opportunities.
- Avoid overplaying skilled players; ensure all players, regardless of ability, get fair game time.
- Ensure that equipment and facilities meet safety standards and suit the age and ability of all players.
- Show control, respect and professionalism towards everyone involved in the sport, including opponents, officials, parents, and spectators. Encourage players to do the same.
- Prioritise the health of sick or injured players and follow medical advice regarding their return to play.
- Stay qualified and up to date with coaching practices and youth development principles.



- Use physical contact only when necessary and appropriate for skill development.
- Respect the rights, dignity and worth of every young person regardless of gender, ability, cultural background, or religion.
- Treat each player as an individual recognising their talent, developmental stage and goals to help them reach their full potential.
- Only intervene in the conduct of a game if requested by another official.
- Respect and adhere to officials' decisions.
- Encourage a spirit of fair play and sportsmanship among all players, coaches, and spectators.

Behaviour Guidelines for Umpires

- Know and apply the rules.
- Participate in training and development opportunities to refine your skills, stay current with rule changes.
- Encourage a spirit of fair play and sportsmanship among all players, coaches, and spectators.
- Approach all situations calmly and professionally, even under pressure. Avoid reacting to any provocation from players, coaches, or spectators.
- Treat all players, coaches, officials, and spectators with respect, regardless of gender, age, ability, cultural background, or religion.
- Ensure that all decisions are fair, objective and consistent. Use your authority respectfully to enhance the safety and enjoyment of the game.
- Use clear and concise signals and communicate in a respectful manner when explaining decisions to players or coaches.
- Actively monitor and enforce safe playing practices to protect players from harm, and take appropriate action if safety is compromised.
- Display good sportsmanship, professionalism, and respect on and off the court.
- Emphasise the enjoyment and purpose of the game for all participants, recognising that netball is a sport for learning, fun, and growth.
- Be open to constructive feedback from mentors, supervisors, and officials, and use it as an opportunity to improve your performance.

Behaviour Guidelines for Spectators

- Remember that young players participate in sports for their own enjoyment and growth, not yours.
- Applaud good performances and efforts from all players and teams and celebrate achievements regardless of the game's outcome.
- Respect officials' decisions and encourage young people to do the same.
- Don't ridicule young players for mistakes; offer positive comments that motivate.
- Reject any form of violence, whether by spectators, coaches, officials, or players.
- Show respect for opposing teams.
- Encourage players to follow the rules and respect officials' decisions.
- Don't use foul language, sledge, or harass players, coaches, or officials.
- Respect the rights, dignity and worth of every person, regardless of gender, ability, cultural background, or religion.
- Refrain from disrupting the flow or conduct of the game.



Behaviour Guidelines for CHS Administrators

- Engage members in planning, leadership, evaluation, and decision-making related to activities.
- Provide equal opportunities for all people to participate.
- Create pathways for youth to participate in roles beyond playing such as, coaching, officiating and administration.
- Support coaches and officials in promoting positive behaviour, skill development, and improved coaching standards.
- Encourage fair play in junior sports, focusing on participation over winning.
- Model positive and supportive behaviour through your actions and comments.
- Support the National Junior Sport Policy and make it clear that any form of abuse toward young people is unacceptable and will lead to disciplinary action.
- Respect the rights, dignity, and worth of every person regardless of gender, ability, cultural background or religion.
- Offer praise and encouragement to all participants.
- Make decisions with consistency, fairness, and respect.
- Discourage unsporting behaviour and promote respect for all competitors.
- Focus on the spirit of the game rather than highlighting mistakes.
- Refrain from interfering with the progress or conduct of a game unless requested by an official.
- Respect and adhere to officials' decisions.

Social Media Guidelines

This policy encompasses all members, participants and affiliates of Castle Hill Sports Club when they engage with Social Media (SM) or any other Information Communication Technology (ICT) platforms.

- Members, participants, or affiliates are prohibited from posting or sharing content through social media or digital platforms that could harm the reputation of Castle Hill Sports Netball Club, its sponsors, members, participants, or affiliates, or bring them into disrepute.
- Content posted or shared on social media or through other ICT channels that has, or could reasonably be expected to have, a negative impact on the operations, services, or reputation of Castle Hill Sports Netball Club, its members, or affiliates, or that brings the club into disrepute, is strictly prohibited.

Inappropriate material includes but is not limited to:

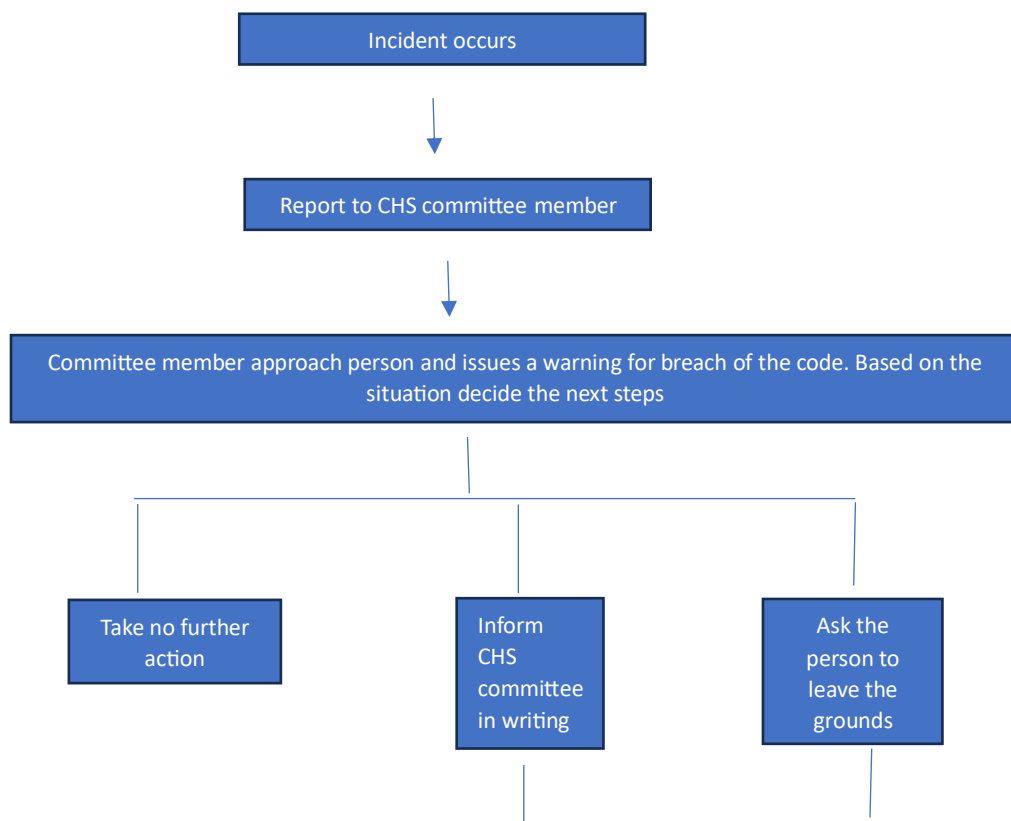
- Content which is intended to harass, intimidate, bully, threaten or humiliate another member, participant or affiliate; or
- Any Content relating to, or involving child abuse; or
- Any Content which should be considered discriminatory against another member, participant or affiliate; or

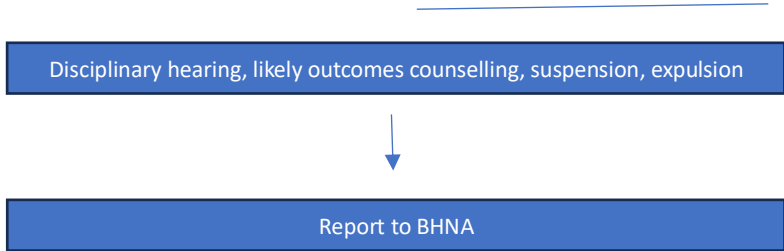


- Any sexually explicit or intimate Content, or Content which constitute sexual harassment of another person; or
- Any Content which amounts to victimisation of another person; or
- Any Content which amounts to Cyber Abuse of another person.

Incident process

All games are played in accordance with Netball Australia rules and are governed by the umpires.





Flow chart for disciplinary outcomes.

Breach level	Minor	Moderate	Major
Risk level	Low	Medium	High
Examples of Consequences	<ul style="list-style-type: none"> • Actions impact in a minor or temporary way on CHS/BHNA/Netball • Actions do not impact on the reputation CHS, players, umpires, coaches, spectators. <p>OUTCOME: Counselling and a warning</p>	<ul style="list-style-type: none"> • Actions impact in a moderate or temporary way on CHS/BHNA/Netball • Actions do not impact on the reputation CHS, players, umpires, coaches, spectators. <p>OUTCOME: Counselling, warning or suspension</p>	<ul style="list-style-type: none"> • Actions impact on the reputation of the CHS/BHNA/Netball • Significant impact on CHS, players, umpires, coaches, spectators. <p>OUTCOME: suspension or expulsion</p>